

BE more
 &
DO more
 &
HAVE more

SKILLBUILDER SYSTEMS

VICTORIOUS VOICES!

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- ◆ ON THE RADIO:
May 21—Woman Talk Live Victorious Woman! A Celebration of Life with Ginny Robertson and Ann Quasman WVIE 1370 Baltimore and <http://www.v1370.com/>
- ◆ CONTEST WINNERS:
- ◆ RECAP: 3RD ANNUAL VICTORY CELEBRAION
- ◆ MONTHLY FEATURE:
Robbie Motter is our May Victorious Woman of the Month
- ◆ SPECIAL NABBW OFFER
Partnering with National Association of Baby Boomer Women

MAY BOOK OFFER SPECIAL:
Time's Running Out...

- NOW FORMING - VICTORY TEAMS SUMMER '08

YOU CAN DO IT...

*WITH A LITTLE HELP
 FROM YOUR*

VICTORY TEAM FRIENDS!

Victory Teams provide you with the **help** and **encouragement** you need to turn your dreams into realities. Your group will listen, give you ideas, cheer you on and support your efforts. In return, you'll take action and take weekly steps toward your personal success and happiness.

It's a powerful combination-Group Coaching at its best!!

Starting: July 8

Where: West Chester

When: Evenings: 7-9:30

Cost: \$125 for six sessions.

Location and Registration:
 call 610.738.8225

VICTORIOUS WOMAN MONTH SPECIAL EDITION

MAY IS VICTORIOUS WOMAN MONTH

VICTORY CELEBRATION RECAP

3RD ANNUAL VICTORY CELEBRATION

It's been quite a busy celebration and women all over the country are joining in and taking some time to acknowledge their victories and those of other women. As usual, I published the Victory-A-Day calendar so that women could take a few minutes to remind themselves of their victories, honor their mentors and role models and plan their own victory celebrations.

On May 6, I participated in a Teleseminar for NABBW, the National Association for Baby Boomer Women. It was part of their "Starting Over in MidLife" Series.

Here's what one listener said: "I was in the audience for Annmarie Kelly's May 6th teleseminar on Choosing Victory: How to Stop Surviving Your Life and Start Living It." Annmarie brought her own unique spin on how we should keep changing in order to move towards a more authentic life - one that is successful and victorious. Her six skills to develop a new lifestyle were filled with great information from "take control of who you are and what you want," to "it's not who you know, but who knows what you know" and they made me pause and take another look at how we go about our daily lives. I thank her for shedding more light on how baby boomer women can take care of themselves and have the lives they want."

The podcast will be available in the fall at www.victoriouswoman.com. See NABBW's special offer to members of my email list on the next page.

For the first time, our Victory Celebration was a sponsored event. On Saturday, May 17, Annie Moretti hosted the annual celebration at the Plain Jane Boutique on Gay Street in West Chester.

Though the early evening weather threatened to rain on our special Saturday night, it turned out to be beautiful. We entertained both invited guests and passersby as we enjoyed wine, hors d'ouvres and sweet treats.

Thanks, Annie! Your hospitality was appreciated! Check out Annie's unique product lines at [Check out her unique product at www.plainjaneboutique.com](http://www.plainjaneboutique.com)

ESSAY CONTEST WINNERS

During the evening, we announced these women's stories as the winners of the Victorious Woman Essay Contest. HERE THEY ARE:

1st Prize: \$100.00 + story on VW website

Rosalind Sedacca

"Telling My Son About the Divorce"

2nd Prize: \$50.00 + story on VW website

Karen Muranko

"Surviving Panic Disorder"

3rd Prize: story on VW website

Kathleen Fountain

"Thriver not Survivor"

You can read their essays on at <http://www.victoriouswoman.com/vwmonth.htm>:

- Rosalind Sedacca — July
- Kathleen Fountain — August
- Karen Muranko — October

THANKS ALSO TO OUR JUDGES:

MaryAnn Correll, Annie Moretti and Melissa Hawes

Our judges had the task of reading each essay and choosing the best...and with so many good stories, each said it was no easy assignment. **Your work was much appreciated!**

Are YOU a Victorious Woman?

2009 Victorious Woman Essay Contest

Next year's Victorious Woman Essay Contest will start on or around March 1. We'll announce it in the newsletter and on the website, so start living with victory in mind. If you don't already journal, start doing it now. If you are currently in the midst of a challenge, journaling will help you keep track of what you were thinking and how you made your victory stretch...and then you can submit an essay in 2009.

We look forward to hearing from you!

Quoted in the New York Times!

My March 11 blog was quoted in the New York Times in March. It referred to NJ Governor Eliot Spritzer's sexcapades in Washington DC and my advice to Mrs. Spitzer and other woman in similar situations.

Check out it out & voice your opinion
www.victoriouswoman.blogspot.com

Good News! Forums coming in the fall! You can ask questions, get answers and share your opinion with other women in the Victorious Woman community!

MAY BOOK DEAL

Time is running out on our Victorious Woman Month special book offer:

BUY 2, GET 1 FREE.

This is a great way to spread the message of WOMEN AND VICTORY to your friends, your book club, your organization, and to those who need some inspiration to get started on their own victory.

Order your *AUTOGRAPHED* copy of Victorious Woman! Shaping Life's Challenges into Personal Victories before May 31, buy a 2nd one for a friend...and get your 3rd copy FREE to share with or gift to another friend.

This is a great gift for birthdays!
 You don't want to miss this special!

ORDER NOW

<http://www.victoriouswoman.com/order.htm>

ON THE RADIO:

**May 21
 Woman Talk Live**

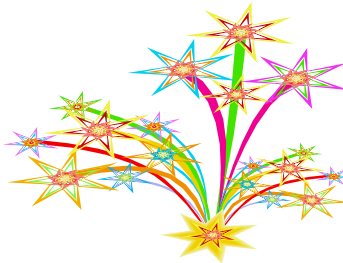
Victorious Woman!
 A Celebration of Life

with hosts Ginny Robertson and
 Ann Quasm an

WVIE 1370 Baltimore

Not in the listening area? Then, get on your computer, cut and paste this link - <http://www.v1370.com> - and go directly to WVIE 1370 AM Baltimore (connection may take a few minutes). Hit the Listen Live link on the right, sit back and take it all in.

Please send this Victorious Woman update to your friends. The more women who know about us, the more women who get inspired and encouraged. New members can sign up for fu-
 ture



"Coaching was superb...would highly recommend you to anyone"

- CHASE Achieving Professional Excellence

*Need a
 Dynamic, Inspiring Speaker
 for your next event?*

"Your program was so positively received that some attendees even chided those who did not make it"

- M. Ellison PRN Healthcare Services

Annmarie Kelly
*will help make your next
 conference or retreat
 a success.*

"Dynamic, thoughtful, inspirational, and one woman said that it changed her life!"

- Judith A. Bulman, Women's Health Source

Call Annmarie at 610.738.8225

AND...*THANK YOU* for your continued support. Victory IS contagious and, with your help, we are spreading it around and encouraging more and more of us to BE MORE of who we really are, DO MORE of what satisfies our souls and HAVE MORE of the life we desire.

In Victory,
 Annmarie

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VICTORY QUOTE: You don't get to choose how you're going to die. Or when. You can only decide how you're going to live. Now. Joan

SPECIAL FREE OFFER! JUST FOR VW MEMBERS

Tuesday, May 27th - 3:00 pm (EST) NABBW is featuring "Discovering How Relationships can Keep You from Dreams: The Truth about Important People In Your Life" with Karen Gail Lewis. A family therapist, author, and expert with over 35 years' experience, Lewis will be offering advice about relationships and how they affect our dreams or the truth about important people in our lives.

This teleseminar is usually for NABBW members only. However, NABBW founder Dotsie Bregel is giving you access to this teleseminar to you as a gift during Victorious Woman Month because you are a Victorious Woman newsletter member.

Here's the call-in info: 712-580-7706,
 9784162#.

**VICTORIOUS WOMAN
 OF THE MONTH
 MAY**

ROBBIE MOTTER

Read her Inspiring Story at:
www.victoriouswoman.com/vwmonth.htm